

*Our Vermont Success Story:*

**WE NEVER** could have imagined that Samosaman would become such a huge success when we started out in a summer street back in 2001.

**TODAY**, we remain true to the original values of our business, with ethical trading & natural organic products.

**OUR AIM** continues to be the creation of the whole meal - products that give a taste experience like no other.

**WE BELIEVE** every new creation has to be the best of it's kind that we've ever tasted and that we've taken the time & care to bring out the intense flavor that has now become our trademark!

*We Do Cater!*

Please visit us online for more details.  
[www.samosaman.net](http://www.samosaman.net)

*Discover us also at:*

Vermont Life Magazine, VPR, Vermont Fresh Network, NOFA Vermont, Seven Days, Vermont Specialty Foods, Food COOPs and local natural food stores.



@samosaman



Fuad Ndibalema and the entire Samosaman family thank you for choosing us to serve you.

*Enjoy.*



*Innovation Center*

128 Lakeside Ave. Burlington, 05401  
P: 802.233.7783 ◀ F: 802.861.3666

*566 Hercules Drive*

Colchester, VT 05446  
P: 802.861.3663 ◀ F: 802.861.3666

E: [samosaman@gmail.com](mailto:samosaman@gmail.com)  
[www.samosaman.net](http://www.samosaman.net)

## SAMOSAS

All samosas are handcrafted in a flour wrap then cooked in sunflower oil.

**\$2.49 EACH**

### Vermont Apple Samosa

VT apples, cinnamon spice, nutmeg and brown sugar.

### Veggie Samosa

VT potatoes, sweet peas, carrot, celery and curry spices.

### Braco Samosa

Broccoli, roasted garlic, cheese, ginger and spices.

### Vermont Spicy Potato Samosa

VT potatoes, green onion, hot pepper, garlic and curry spices.

### Roasted Tofu Samosa

Organic extra firm tofu, cabbage, carrot, green onion, soy sauce and spices.

### Steak & Cheese Samosa

Beef steak, cheese, onion, spices, sea salt and lemon.

### Chicken & Cheese Samosa

Natural young chicken, cheese, ginger and curry spices.

### Turkey Samosa

Turkey, celery, curry spices, black and red pepper.

## BREAKFAST

### Samosa Breakfast

Flour wrap, steak & eggs, Vermont cheddar cheese, and spicy roasted cumin seed

### Burrito Breakfast

Burrito wrap, black and red beans, Vermont cheddar cheese, and onions

### Steak Burrito

Burrito wrap, beef steak, tomatoes, Vermont cheddar cheese, roasted red peppers and onions

### Bagel with Eggs

Toasted bagel, eggs and cheese

**\$2.75 EACH**

## SALADS

**\$4.95 EACH**

### Samosaman Salad

Mixture of field greens, seasoned carrots, black olives, chickpeas, hummus and oil vinaigrette over cracked red pepper.

### Farmer Salad

Farm fresh baby spinach, sliced mushrooms, cucumber, black beans, mild Cabot cheddar cheese, roasted red pepper with lemon and ranch dressing.

### Harvest Salad

Combination of romaine and mixed spring greens, fresh sliced apples, red onions, Olivia's roasted croutons, Cabot sharp cheddar, and house dressing.

## TOSS-ON PROTEIN

Avocado .....	\$1.00
Grilled Chicken .....	\$1.95
Grilled Salmon .....	\$2.95
Goat Cheese .....	\$1.00
Hard-Boiled Egg .....	.95¢
Grilled Eggplant .....	.95¢
Grilled Zucchini .....	.95¢
Roasted Shrimp .....	\$2.95

## DRESSINGS

House Dressing	Light Caesar
Blue Cheese	Smokey Jalapeno Ranch
Buttermilk Ranch	Sesame Ginger
Tangy Lemon	Garlic Vinaigrette
Feta Vinaigrette	Light Hummus

## SOUPS

Our homemade soups change daily.

**CUP: \$3.49**

**BOWL: \$4.95**

## HOT MEALS

Served with tumeric coconut rice or sweet potato fries

**WHOLE PLATE MEAL: \$5.49**

**COMBO PLATTER: \$7.95**

\*WHOLE PLATE MEAL: Hot meal of your choice, served with salsa

\*COMBO PLATTER: Hot meal of your choice, a samosa, and spring water

### African Chick Pea

Tomatoes, chick peas, carrot, mild curry spices and sea salt.

### African Three Bean Meal

Red & black beans, pinto bean, carrot, tomatoes, mild curry spices and sea salt.

### Chick Pea & Spinach

Chick peas, spinach, onion, herbs and spices.

### Chicken Curry

Halal young tender chicken, curry spices, tomatoes, lemon garlic and sea salt.

### Fasha Chicken

Halal young tender chicken, heavy cream, onion, ginger, tumeric and sea salt.

## BEVERAGES

### Juice

Orange, Mango, Apple or Grape ..... \$1.99

### Drinks

Spring Water ..... .99¢

Cooler Drinks ..... \$1.85

### Hot & Iced Beverages

We proudly feature Fair Trade beverages. Our coffee and tea can be served hot or iced.

12oz ..... \$1.49

16oz ..... \$1.95